



# Top WC Losses for UMA Members and Risk Management Solutions

PMAWebsource®



OLD REPUBLIC INSURANCE GROUP

# Critical Questions Regarding Workers' Compensation

---

- What are the top Workers' Compensation losses for UMA Members?
  - Slip and Falls
  - Motor Vehicle Accidents/Crashes
  - Strains/Sprains
- Where can you go to find control solutions?
  - PMA's Risk Control Website –
- What is the cost to utilize these control solutions?
  - Free for PMA Insured Clients

PMAWebsource®

---

# PMAWebsource®

An online portal of safety and risk management resources exclusively for PMA Companies' clients

- Expert risk control resources designed to drive results for your organization
- Convenient access to practical risk control and safety information and solutions
- Incorporates the knowledge and experience of PMA Risk Control experts
- Available 24/7

**Note** - Information on how to register for PMA Webservice will be shared in the UMA News Flash

# Coverage Line Solutions

---

PMA also provides access to safety training programs, compliance reference materials, including specific materials by coverage line:

- Workers' Compensation
  - Return to work assistance, ergonomics, organizational improvement, and safety leadership
- Motor Vehicle Operations
  - Fleet management, driver hiring/qualification, and driver education/training
- Liability Exposures
  - General liability, defending your products, and protecting your premises
- Property
  - Latest information on sprinkler impairment, emergency preparedness, and property conservation



# Safety Management Resources

## Organizational and Safety Solutions Bulletins

- Practical, easy-to-understand guides to specific loss exposure and control situations
- Over 100 Bulletins available
- Seasonal topics, as well as emerging issues



---



Organizational and Safety Solutions

### *Accident Investigation*

**Background**

Accident investigation and analysis is an essential element of any loss control program. A systematic study of root causes will often help to avoid recurrence. This bulletin addresses the purpose of accident investigation and briefly reviews techniques of investigation and analysis of accidents. By studying accidents that have occurred, we can identify their causes, take action to implement effective corrective measures and, thus, prevent future accidents.

A properly implemented accident investigation program can reduce the cost of accidents to your organization and prevent recurrence.

**Definitions**

*Accident* - An unplanned, undesired event that results in some kind of loss (injury, illness and/or property damage).

*Incident* - An unplanned, undesired event that may or may not result in some kind of loss (injury, illness and/or property damage), but does adversely affect the completion of a task. Under slightly different circumstances, the incident could have resulted in personal injury, property damage, or both.

*Near Miss* - An incident where an injury, illness or property damage almost or could have foreseeably occurred.

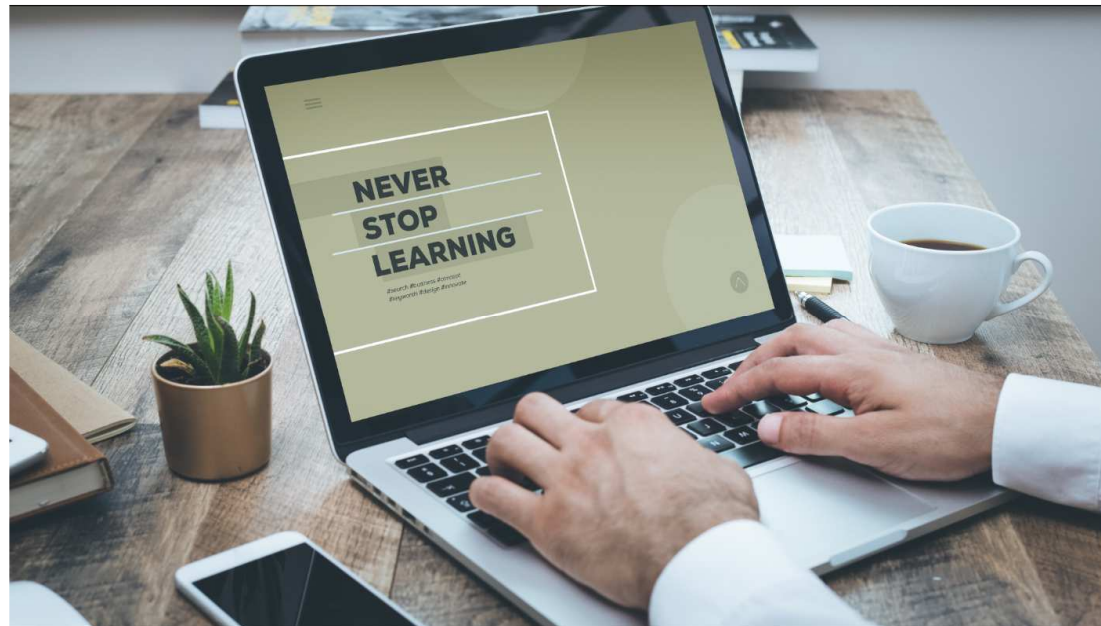
The term "incident" is sometimes used interchangeably with "accident." For loss prevention and control purposes, an incident should be treated the same as an accident - investigated and analyzed.

---

www.pmacompanies.com

# Safety Management - Education and Training Resources

- PMA's Organizational Safety Institute
- Safety Source - Video On Demand
- OSHA E-Tools





# Access to Our Experts – Risk Education



## PMA's Organizational Safety Institute® Schedule of Learning Events

**PMA's Organizational Safety Institute®** is a place where you can learn "virtually" about some of the emerging best practices in safety and risk management that can help you more effectively lead your organization's safety and health efforts. As PMA expands their operating territory nationally, we are welcoming more clients from every time zone. As a result, we are changing our start times to 11:00 AM (EST)/10:00 AM (CST)/9:00 AM (MST)/8:00 AM (PST) or 2:00 PM (EST)/1:00 PM (CST)/12:00 PM(MST)/11:00 AM(PST) throughout the quarterly schedule. To register for an upcoming session(s), **click on the title/link below** or visit <https://www.pmacompanies.com/support/risk-control-pma-websource>.

	<p>July 12, 2022 – 11:00 AM (EST)/10:00 AM (CST)/9:00 AM (MST)/8:00 AM (PST) Duration: 60 minutes <b><u>OSHA's Control of Hazardous Energy – Lockout/Tagout</u></b> Session Leader: Tim Weir, ARM – P, CPSI, Risk Control Specialist</p> <p>Often Lockout/Tagout is thought of as it relates to controlling electrical power sources, but it also addresses the requirements and effective safety controls for mechanical, thermal, hydraulic and potential energy sources (including gravity). This session will provide an overview of OSHA 1910.147 (<i>Control of Hazardous Energy - Lockout/Tagout</i>), while highlighting practical controls aimed at reducing/preventing employee injury from failing to follow and use proper work methods. This session is designed with your Supervisory or Lead personnel in mind, but anyone in your organization interested in strengthening their knowledge or understanding of effective practices in this area will find our Certified OSHA Instructor's insights invaluable.</p>
	<p>July 21, 2022 – 11:00 AM (EST)/10:00 AM (CST)/9:00 AM (MST)/8:00 AM (PST) Duration: 45 minutes <b><u>Return to Work: Recommended Strategies in Times of Greater Employment Transition</u></b> Panelists: Carol Knizek, COHN, Sr. Risk Control Specialist and Matthew Stairs, AIC, Client Service Manager</p> <p>Moderator: Jack Aspen, ARM, CSP, Vice President – Risk Control Services</p> <p>Return to work programs have been an essential part of claims management practices for many years. From helping workers overcome disabling injuries and returning to productive work through managing the expense of lost time claims, return to work has been a traditional and effective program. Today the challenges of maintaining a workforce are made even more complicated by competition for labor and managing to meet business objectives with fewer resources. Therefore, it is even more important to keep your teams on the job. Transitional, or modified, duty provides an opportunity to fulfill job responsibilities while working within the restrictions set for an injured worker by medical professionals. Our team from PMA Companies will not only remind participants of the essential steps tied to returning employees to work, but also provide a fresh look at physical job demand evaluations and where occupational health programming fits into the process. Claims practices will also be shared that are intended to drive positive outcomes for workers and employers.</p> <p>This session will provide an opportunity to share insights and stories that we hope reinforce current practices or inspire action to implement your best return to work program.</p>

- High-impact distance learning conducted by PMA risk control professionals
- Register directly from PMA Websource
- Access to recorded session if you missed one



This presentation and the information set forth herein have been prepared by and is the property of PMA. You should not share, distribute, copy, republish, or reproduce any portion of this presentation without prior express written consent from PMA.

# Safety Source Training

---



- PMA Risk Control has partnered with Safety Source to provide you with a "video on demand" platform.
- The service features more than 600 streaming video titles in English, with a majority of those titles in Spanish as well.
- Each video comes with a quiz and answer key that can be downloaded for documentation purposes after each training.



# OSHA E-Tools



UNITED STATES  
DEPARTMENT OF LABOR



Find it in OSHA



[A TO Z INDEX](#)

Occupational Safety and Health Administration

[English](#) | [Spanish](#)

[ABOUT OSHA](#) ▾ [WORKERS](#) ▾ [EMPLOYERS](#) ▾ [REGULATIONS](#) ▾ [ENFORCEMENT](#) ▾ [TOPICS](#) ▾ [NEWS & PUBLICATIONS](#) ▾ [DATA](#) ▾ [TRAINING](#) ▾

[Directorate of Technical Support and Emergency Management](#) / [eTools](#), [eMatrix](#), [Expert Advisors](#) and [v-Tools](#)

## eTools, eMatrix, Expert Advisors and v-Tools

eTools and the eMatrix are "stand-alone," interactive, Web-based training tools on occupational safety and health topics. They are highly illustrated and utilize graphical menus. Some also use expert system modules, which enable the user to answer questions, and receive reliable advice on how OSHA regulations apply to their work site. Expert Advisors are based solely on expert systems and v-Tools are prevention video training tools. Selected eTools are available as [downloadable](#) files for off-line use.

Other [training and reference materials](#) are also available from the OSHA Directorate of Training and Education (DTE). In addition, OSHA also has other [training videos](#) available.

### eTools

- Ammonia Refrigeration (08/2014)
- Battery Manufacturing (02/2004)
- Construction (08/2014) | [Spanish](#) (Translation Updated 02/2006)
- Electric Power Generation, Transmission, and Distribution (01/2010)
- Evacuation Plans and Procedures (09/2002)
- Eye and Face Protection (07/2002)
- Hazard Identification (07/2014)
- Hospital (02/2002)
- Lead: Secondary Lead Smelter (12/2002)
- Lockout/Tagout (09/1999)
- Logging (10/1998)
- Machine Guarding (06/2007)
- Nursing Home (10/2000)
- Oil and Gas Well Drilling and Servicing (05/2009)
- Poultry Processing (06/2001)
- Powered Industrial Trucks (09/2008)
- Respiratory Protection (10/1998)
- Scaffolding (02/2017)
- Shipyard Employment (08/2006)
- Steel Erection (10/2002)
- Subpart S - Electrical Standard (08/2012)
- Wood Products: Sawmills (04/2002)
- Wood Products: Woodworking (04/2002)
- Young Worker Safety in Restaurants (07/2003)
- Youth in Agriculture (07/2003)

### Ergonomics-related eTools

- Baggage Handling (09/2003)
- Beverage Delivery (01/2001)
- Computer Workstations (08/2003)
- Electrical Contractors (07/2003)
- Grocery Warehousing (01/2001)
- Printing Industry (08/2006)
- Sewing (01/2001) | [Spanish](#) (10/2001)

### Expert Advisors

- Asbestos
- Cadmium Biological Monitoring Advisor
- Confined Spaces
- Electronic Health and Safety Program (eHASP)
- Evacuation - Am I Required to have an Emergency Action Plan?
- Evacuation - Create Your Own Emergency Action Plan
- Hazard Awareness
- Hospitals
- Lead in Construction
- Lead in General Industry
- Lockout/Tagout
  - LOTO Plus
- Recordkeeping
- Respiratory Protection - Respirator Selection

### Prevention Videos (v-Tools)



Construction Hazards. The videos show how quickly workers can be injured or killed on the job and are intended to assist those in the industry to identify, reduce, and eliminate construction-related hazards. Most of the videos are 2 to 4 minutes long, presented in clear, easily accessible vocabulary, and show common construction worksite activities. The videos may be used for employer and worker training.

### DISCLAIMER: Some of the Expert Advisors

referenced on this page were designed several years ago and although they should function using the latest versions of Windows without problem, there may be instances where they are no longer compatible (i.e., Windows 64-bit).



This presentation and the information set forth herein have been prepared by and is the property of PMA. You should not share, distribute, copy, republish, or reproduce any portion of this presentation without prior express written consent from PMA.

# Contact Information

---

Should you have any question regarding logging into or maneuvering through the site please don't hesitate to reach out to me:



*kevin\_warczyglowa@pmagroup.com*  
*610-937-5382*



This presentation and the information set forth herein have been prepared by and is the property of PMA. You should not share, distribute, copy, republish, or reproduce any portion of this presentation without prior express written consent from PMA.